



Alternative Provision



*Planting positive seeds is not enough, at Positive Expressions we want to create the best environment we can to help those seeds grow and flourish into what they were meant to be.*

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## Introduction

Positive Expressions is an alternative provision based in Hertfordshire. We have created a safe environment where our young people can come and learn, enjoy, and grow in a creative and innovative setting. Each site will have experienced, enhanced DBS-checked mentors to support our young people's development. Each 3-hour session will be a mix of online skills for life courses via AQA's Unt Award Scheme (UAS), class-based life and social skills, and in-person guest speakers to support getting work ready. Then our young people can develop on the site-specific programs we offer (music, health & fitness, and sport).

Our timetable is designed to help with transferable skills, so whichever choices our young people make in their futures, this will help.



## Journey

I have supported young people in one way or another for the last 24 years and have loved every minute. I have worked with some of the most inspiring and uplifting young people who helped me to grow. Now is the time that I draw upon my considerable experiences and knowledge in this field to deliver something special for our most vulnerable and challenging groups. I have chosen to use sport, fitness and music as the mechanism and catalyst for change.



## What We Offer:

- AQA unit award scheme
- Mentoring and support work
- Music, sport, and health & fitness programs
- Opportunities for community engagement
- Life and social skills development
- Weekly reporting to parent/guardian and referring professional.
- External speakers for real-life development
- Daily enrichment activities
- Duke Of Edinburgh Bronze course

## The Why

The main reason that I choose to set this up is that there are growing numbers of young people who are not engaging in suitable and appropriate provisions. I have supported and mentored some wonderful young people who do not fit the mould for existing provisions. I feel very passionate about creating opportunities for growth and this is what this provision is aimed at doing.



*The work that Paul has done with two of our most vulnerable students has been exceptional. He builds strong relationships with the young people and is always willing to go above and beyond on their behalf. I cannot recommend him highly enough.*

*Jan Stevens,  
Deputy Headteacher,  
Specialist Leader  
of Education,  
Parmiter's School*

*Mrs Kathy Little,  
Headteacher,  
St Albert the  
Great Catholic  
Primary School*

*Paul supported one of our most vulnerable pupils. He quickly developed a trusting relationship, set appropriate boundaries and liaised with a 'hard to reach' family. The support he provided enabled the pupil to experience success, cooperate within set boundaries and learn to respect authority. I would highly recommend Paul if you are looking for an 'intervention' that is outside the norm - which is often what is needed for our hardest to reach pupils!*

*Paul and his team have been supporting various children from The Acorn Centre Alternative Provision in schools and for those who have been permanently excluded in the community or their home. The team is always professional and builds strong relationships with the children they work with. They take the time to find out about each individual and work specifically on their difficulties - making a real impact to not just the children but their families too. The feedback is always informative and supports our work. I look forward to continuing to work alongside Paul in the future and wouldn't hesitate to recommend him to schools for additional social, emotional and mental health support.*

*Nikki Lucas,  
Provision Lead,  
The Acorn Centre*

**For further information on site details, availability and costs please visit: [positive-expressions.co.uk](http://positive-expressions.co.uk) or email: [info@positive-expressions.co.uk](mailto:info@positive-expressions.co.uk)**